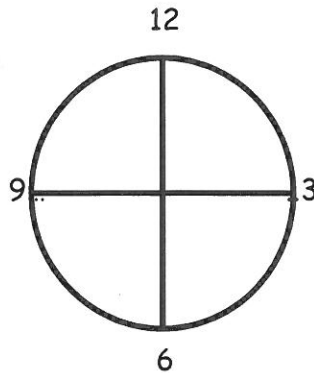


PTP on the Threes

Praise, Thanksgiving and Petition every Three Hours

Need God's help to live out
the Beatitudes in your life?
Try praying often during the day.
Pray to God @ 3, 6, 9 and 12 o'clock



The Beatitudes: Blessed are ...

The poor in spirit...

They who mourn

The meek

They who hunger and thirst for righteousness

The merciful

The clean of heart

The peacemakers

The persecuted

PTP on the Threes

Praise, Thanksgiving and Petition every Three Hours

[Some suggestions]

Praise

Lord, our God, you are truly awesome!

Lord, your handiwork is so beautiful!

Song: Praise him, praise him, ...

Song: Our God is an awesome God!

Thanksgiving

Lord, thank you for my very existence!

Lord, our God, thank you for today's many blessings!

Song: Thank you Lord; thank you Lord; ...

Petition

Lord, please be with me today as I try to help my friend.

Lord, my uncle is sick; please help him and his whole family

The Our Father: "Give us today our daily bread."