

**Jesus wants you.
Do you want Jesus?**

**A this cold weather hangs on it can cause depression.
Some people say that depression is part of our life from our very birth.**

**Comparison: When a cow gives birth to a calf.
The calf is born with a sack around its body. The calf could die if it is not moved. Its mother extends all her energy after the birth to lick off the entire sack. The young calf is standing on its feet by the time the mother is finished, ready and willing to enter life fully.**

**An author says that every human being is born in a depressed state, almost as surrounded by a sack of depression.
We need to be unconditionally loved to remove the depression.
It depends on what happens in our early life, how much we are loved unconditionally .
But no matter how good our parents may be, there is always at least remnants of the sack remaining.
We try unsuccessfully to remove that depression with inadequate sources of human and physical love.
What we really need is unconditional love, but often we run from it.
We run from the one source of unconditional love in our world revealed in Jesus. Yes, Jesus wants you, Jesus wants to remove the depression and let your spirit free.**

**The only question which remains is: Do you want Jesus?
This Lenten season is a time to welcome unconditional love into our lives through**

- Prayer: When come to experience God's love for us in prayer, we can stand tall (as Jesus did when he realized the love of his Father at his baptism) and we become bearers of his love.**

- **Fasting: breaking away from inadequate choices of love**
- **Almsgiving: being bearers of love (especially to those who are younger than us).**

Oh, yes, Jesus wants you.

Do you want Jesus?